



ILLNESSES AND SYMPTOMS CHART

ILLNESS	SYMPTOMS	HOW AND HOW LONG	TREATMENT	RETURN TO DAYCARE
Chicken Pox	Cause: Chicken pox virus: small blisters or red spots on body, face, and scalp. Incubation: 10-12: usually 14 days	2 days before rash to sores crusted: airborne	Shorten fingernails, scratching: frequent baths.	After Sores dried: crusted.
Colds	Cause Viruses-sneezes, sore throat, coughs.	2 days before symptoms through first day, droplets from cough, sneeze.	Fluids, vaporizer; no need to isolate.	When feeling well.
Cough	Cause: Viruses-bacteria. Incubation: 3- days	Droplets- airborne.	Fluids, vaporizer, rest: if bacterial, antibiotics.	When feeling well.
Diarrhea	Increase in the number of stools over what is normal, and stools which are loose and watery.	Contact with person.	Diet change.	24 hours after fever and diarrhea are gone.
Pinworm	Cause: Pinworm-itchy anal area: can thin white worms around anus at night. Incubation: 2-6 weeks.	Eggs from anus to mouth	Anti-worm medicines: all family members treated, good hand washing.	No isolation.
Ring Worm	Cause: Fungus on scalp, body, athlete's foot: scaly round rash. Incubation: 1-3 weeks.	Contact until rash is gone.	Antifungal ointments, medication taken by mouth or ointment applied directly to the skin.	Once treatment is started.

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Roseola	Cause: Probably virus 3-4 days of fever, then rash develops when fever breaks: usually affects 6 month to 2 year olds. Incubation: Approximately 10 days.	Not Known.	None: fever control.	When feeling well.
Rubella	Cause: Rubella virus: swollen glands and ran for 3 days.	7 days before: 5 days after rash.	Rest fluids. IMMUNIZATION TO PREVENT	5 days after rash appears.
Impetigo	Cause; bacterial infection of skin: skin sores with yellowish crusts, oozy red and round rash, and a flat honey colored crust. Incubation; 2-5 days.	Contact with sores or hands.	Antibiotics: ointment plus combination of a special soap, antibiotic ointment, or an oral antibiotic.	24 hours from the start of treatment.
Lice	Cause: Lice. Itching scalp "nits" seen on hair shafts. Incubation days-weeks.	Contact with infected person or articles.	Kwell shampoo: good hygiene: cleaning bedding and hats.	After treatment.
Measles	Cause; Measles virus from conjunctivitis: runny nose, then rash appears on 4 th day on face and trunk.	5 days before rash: 2 days after: airborne droplets contact.	Fluids, rest: IMMUNIZATION TO PREVENT.	After swelling disappears.
Pink eye- Conjunctivitis	Cause: Viruses and bacteria: watery inflamed eyes.	Eye-hand-eye.	Eye drops or ointment until eye is clear: 24 hours.	24 hours after the start of treatment.

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Scabies	Cause: Skin mite: itchy bump often increases. Incubation: 4-6 weeks.	Contact with person.	Kwell lotion.	After treatment.
Sore Throats	Cause: Virus: both have sore throat. Cause: Strep, swollen glands, may have pus on tonsils. NEEDS THROAT CULTURE. Incubation: 2-5 Days.	Droplets: airborne.	Fluids, especially popsicles, ice cream, antibiotics.	After 34 hours of medication.
Strep Throats	Cause: Bacterial: fever, tender, swollen neck glands, headache and stomachache. Incubation: 2-5 Days	Contact with person.	Oral antibiotic for 10 days after positive throat culture.	After 24 hours of medication.
Vomiting	Cause: Usually viruses: rarely bacteria: stomach, fever.	Material: Hand to mouth.	Clear fluids, water for dehydration.	24 hours after episodes over: feeling well.